

PONTIFICIA UNIVERSIDAD CATÓLICA DEL ECUADOR

FACULTAD DE CIENCIAS EXACTAS Y NATURALES

CARRERA DE MICROBIOLOGÍA

*Activity of bispirazoles against *Trypanosoma cruzi**

Disertación previa a la obtención del título de Licenciada en Microbiología

Ambar Nicol Galarza Jarrín

Quito, 2023

Evaluation of the activity of bispirazoles against recombinant *Trypanosoma cruzi* strains expressing β -galactosidase

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Yo Jaime Costales Cordero PhD, certifico que la disertación de Microbiología de la estudiante Ambar Nicol Galarza Jarrín ha sido concluida de conformidad con las normas establecidas; por lo tanto, puede ser presentada para la calificación.

A handwritten signature in blue ink, enclosed within a rectangular box. The signature appears to read "Jaime Costales Cordero".

Dr. Jaime Costales Cordero
DIRECTOR DE LA DISERTACIÓN
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Para mis padres, hermana y abuelitos, por estar y apoyarme siempre.

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1 **Evaluation of the activity of bispirazoles against a recombinant *Trypanosoma cruzi***
2 **strains expressing β -galactosidase**

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17 **Abstract**

18 **Background:** Nifurtimox and benznidazole are the only drugs currently approved to treat
19 Chagas disease, caused *Trypanosoma cruzi*. However, they display unsatisfactory efficacy
20 and induce undesirable side effects. Therefore, identifying new compounds with specific
21 activity against *T. cruzi* is of great interest.

22 **Methods.** The *in vitro* activity of twenty-five bispirazoles was evaluated against intracellular
23 amastigotes of the recombinant Tulahuen β -gal strain of *T. cruzi*. Their cytotoxicity against
24 mammalian cells was evaluated via resazurin reduction assays. BNZ was used as a reference
25 drug.

26 **Results:** In the initial two repetitions of the screen, one bispirazole (2X) presented specific
27 *in vitro* activity against *T. cruzi*, with an IC₅₀ value of 3,416 μ M and no measurable
28 cytotoxicity at concentrations up to 100 μ M. BNZ, employed as reference drug, displayed a
29 IC₅₀ of 4,23 μ M and a CC₅₀ up to 100 μ M. Compound 2X's activity was not reproducible in
30 subsequent replicates.

31 **Conclusions:** One evaluated compound was selectively toxic against intracellular *T. cruzi*
32 amastigotes *in vitro* and did not show cytotoxic activity against mammalian cells. Its IC₅₀
33 value is comparable to those obtained for BNZ, the reference drug. Further studies are
34 warranted to confirm the anti-*T. cruzi* activity of compound 2X.

35 **Key words:** Chagas disease, cytotoxicity, bispirazole, parasitological treatment, colorimetric
36 assay, *in vitro*.

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42 **1. Introduction**

43 Chagas disease (CD), also known as American trypanosomiasis, is a neglected
44 tropical infectious disease. This chronic systemic parasitic disease, caused by the protozoan
45 parasite *Trypanosoma cruzi*, is transmitted mainly by hematophagous vectors (family
46 Triatominae, subfamily Reduviidae), commonly known as kissing bugs or triatomine bugs
47 [7]. CD is considered endemic in 21 countries in Latin America, and currently affects
48 approximately 6 million people [14]. According to the Pan-American Health Organization
49 (PAHO), 30 000 new cases are registered annually, among which there are 12 000 deaths
50 and 8 600 are newborns infected during gestation [12].

51 The main transmission route is vectorial. Other infection routes are transfusion of
52 contaminated blood units, transplantation of contaminated organs, oral transmission and
53 congenital transmission [8].

54 *T. cruzi* is a kinetoplastid hemoflagellate protozoan capable of infecting multiple
55 hosts, including humans [22]. The parasite's life cycle begins when a triatomine bug feeds
56 on the contaminated blood of an infected mammalian host, which contains trypomastigotes.
57 These differentiate into epimastigotes in the foregut of the triatomine, then move to the
58 hindgut, and transform into metacyclic trypomastigotes that are finally released in the
59 triatomine's feces [18]. Triatomines bite the host, usually during sleep, to feed on its blood
60 [24]. At the time of the bite, or shortly after, the vector defecates, placing its parasite-
61 containing feces in the vicinity of the bite wound [17]. By scratching or touching their eyes,
62 the bitten person involuntarily inoculates *T. cruzi* into the bite or their mucous membranes.
63 The parasite infects local cells and gains access to the bloodstream from where it spreads and
64 invades different types of nucleated cells through a lysosome-mediated mechanism [4]. Once
65 infection has been established in the host cell cytoplasm, the parasite replicates as non-
66 flagellated amastigotes, which multiply and then revert to trypomastigotes, which in turn exit
67 the host cell, reach the bloodstream and disseminate to new cells.

68 CD comprises two phases, acute and chronic. The acute phase lasts approximately 4
69 to 8 weeks post-infection, and can go unnoticed since the symptoms are usually fever, fatigue,
70 headache, loss of appetite, nausea, diarrhea and vomiting, which can be easily confused with
71 other pathologies, and eventually disappear on their own [23]. In the chronic phase, the

72 parasites remain hidden in reticuloendothelial cells of the spleen, liver, lymph nodes and
73 myocardium [11]. Clinical manifestations appear after several years, with cardiac
74 (cardiomyopathy, heart rhythm disturbances and cardiac arrest) or digestive (megaesophagus,
75 megacolon and difficulties in swallowing or defecating) complications [6].

76 Currently, there are only two drugs approved for the parasitological treatment of CD:
77 benznidazole (BNZ) and nifurtimox (NFX), both of which are nitroheterocyclic compounds.
78 Factors such as early treatment initiation (during the acute phase), the strain of *T. cruzi*, the
79 patient's age and immune status affect treatment efficacy [21]. However, these drugs are not
80 ideal, require long treatment courses and can induce side effects, such as neurological
81 alterations (disorientation, paresthesias, insomnia, seizures, polyneuritis, dizziness and
82 headache), digestive (nausea, vomiting, anorexia, weight loss and abdominal pain), asthenia,
83 dermatitis, arthralgias, granulocytopenia, thrombocytopenia, and are mutagenic compounds
84 [12].

85 Fexinidazole (FNX) was a promising drug for CD treatment, with a higher efficiency
86 than BNZ and NFX in preclinical studies, showing high cure rates for different *T. cruzi* strains
87 in animal models [2]. In 2014, in Bolivia, with a cohort comprising forty-seven adult patients
88 suffering chronic CD, a prospective, double-blind, multicenter, randomized, placebo-
89 controlled clinical trial was initiated. Six treatment regimens were tested to determine if their
90 effectiveness and safety. Although FNX was determined to be an effective antiparasitic,
91 because it reduced parasite load to undetectable levels in chronic patients after eight days, the
92 trial was suspended due to safety concerns. One fatal adverse event and twenty-four serious
93 adverse events of neutropenia, hepatic, neuropsychiatric or nervous system abnormalities,
94 such as insomnia, anxiety, depression and neuropathy were reported in the next twenty
95 months [25]. Additional trials with lower FNZ doses were later carried out in Spain; however,
96 they failed to prove parasitological cure [27].

97 Therefore, there is a pressing need for developing new treatments for Chagas disease. In this
98 context, here, we have tested the *in vitro* anti-*T. cruzi* activity of twenty-five bispirazoles. The
99 synthesis of this compounds and their activity against *T. brucei* and *Leishmania mexicana*
100 have been previously reported [3]. Some of these compounds displayed activity against these
101 kinetoplastid parasites; therefore, testing them against *T. cruzi* was of interest.

102 **2. Materials and Methods**

103 *2.1. Bispirazoles*

104 Twenty-five previously described bispirazoles [3], were tested in this study.
105 Bisirazoles in powder form were kindly provided by Dr. Jorge Heredia Moya, from the
106 Center for Biomedical Research (CENBIO) of Universidad UTE. Compounds were stored at
107 4°C. Stock solutions were prepared in DMSO and maintained at -20 °C until use.

108 *2.2.Mammalian cell culture*

109 *Macaca mulata* LLC-MK2 monkey kidney cells were cultured in DMEM
110 supplemented with 10% fetal bovine serum and 1 % penicillin/streptomycin (DMEM 10).
111 Cells were incubated at 37°C with 5 % CO and 98 % relative humidity. Passages were
112 performed weekly.

113 *2.3.Parasite culture*

114 Tulahuen β -gal strain trypomastigotes were produced infecting LLC-MK2 cells
115 monolayers in 75 cm² culture flasks. Cells were infected for 48 hours with
116 1.5×10^5 trypomastigotes in 10ml DMEM supplemented with 2 % fetal bovine serum and 1 %
117 penicillin/streptomycin (DMEM2), under the same incubation conditions used for
118 mammalian cells. After 48 hours, the cell monolayer was washed with sterile PBS and
119 medium was replaced and trypomastigotes collected starting at day 5 post infection, pelleted
120 by centrifugation and washed 2X in sterile PBS. The amount of parasites was determined
121 microscopically, counting with a hemocytometer.

122 *2.4.Evaluation of trypanocidal activity of bispirazoles*

123 LLC-MK2 cells (2×10^4 /well) were placed in 200 μ l of DMEM10 in each well of a
124 96-well plate and cultured for 24 hours at 37 °C with 5 % CO₂ and 98 % relative humidity.
125 Subsequently, cell monolayers were infected with trypomastigotes of the Tulahuen β -gal

126 strain of *T. cruzi* at a multiplicity of infection (MOI) 2, in 200 µl of DMEM2 for 24 hours
127 under the same incubation conditions. After infection, the culture medium was removed and
128 cells were washed 4 times with 1X PBS. Finally, ten 2-fold serial dilutions (400 µM to
129 0.78125 µM concentration range) of each bispirazole in DMEM without phenol red were
130 prepared and each dilution was applied in duplicate wells of a 96 well-plate. Plates were
131 incubated for 72 hours at 37 °C with 5 % CO₂ and 98 % relative humidity. Seventy-two hours
132 post-infection, 25 µl of a solution containing 500 µM chlorophenol red β-D-
133 galactopyranoside (CPRG) and Triton (0,5 %) in PBS, were added to each well. Finally, the
134 plate was incubated for 24 hours at 37 °C with 5 % CO₂ and 98 % relative humidity and the
135 absorbance was read at 490 nm in multimodal GloMax microplate reader (Promega).

136 *2.5. Evaluation of cytotoxicity against mammalian cells*

137 A 96-well plate was seeded with 2x10⁴ LLC-MK2 cells/well, and cells were allowed
138 to grow for 24 hours at 37 °C with 5 %CO₂ and 98 % relative humidity. Subsequently, culture
139 medium was removed and compounds were added in duplicate in 1:2-fold serial dilutions in
140 DMEM10, with concentrations ranging between 400 µM - 0,78125 µM. Plates were
141 incubated for 48 hours, and 10 µl of 3 mM resazurin sodium salt (RZN) in PBS were added
142 per well. Plates were incubated for 24 hours under the same conditions and cell viability was
143 measured by RZN reduction, measuring fluorescence (530-560 nm excitation and 590nm
144 emission) in a multimodal GloMax microplate reader (Promega).

145 *2.6. Giemsa staining of infected mammalian cells treated with the studied bispirazoles*

146 Three sterile circular coverslips per well, were placed in three mini-Petri dishes. In
147 each mini-Petri dish, 2 ml of DMEM10 with 2x10⁵ LLC-MK2 cells were placed and
148 incubated for 24 hours. Culture medium was removed, and cell monolayers were infected
149 MOI 2of *T. cruzi* in 2ml DMEM2, plates were incubated for 24 hours. After infection, culture
150 medium was discarded and cells were washed 4 times with 1X PBS, bispirazoles were added
151 at their respective IC₅₀ concentration against *T. cruzi* and incubated for 72 hours.

152 Finally, cell monolayers were rinsed in 1X PBS, the coverslips were removed, and
153 cells fixed with 4% paraformaldehyde and stained with Giemsa. Photographs were obtained

154 under the 100X lens in a BX51 Olympus microscope equipped with a DP72 camera using
155 Cell F imaging software.

156 2.7. Statistical analysis

157 The half maximal inhibitory concentration (IC₅₀) was calculated using statistic
158 software GraphPad prism 8.0. IC₅₀ and CC₅₀ values of each chemical compound were
159 determined using a nonlinear regression with curve fitting [Model: log (inhibitor) vs.
160 response (three parameters)]. A confidence interval of 95% was established. The IC₅₀
161 (inhibitory concentration) and the CC₅₀ (cytotoxic concentration) were defined as the
162 chemical concentration that inhibited less than 50% of the parasitic growth.

163 3. Results

164 3.1. Activity of studied compounds against *T. cruzi*

165 The activity of each chemical compound against *T. cruzi* is shown in Table 1. BNZ
166 was used as reference drug, yielding an IC₅₀ of 4.23 μM. Some bispirazoles (2C, 2K, 2V,
167 2W, 2X, 2Y) were found to affect *in vitro* intracellular amastigote growth, with IC₅₀s below
168 20 μM. In some cases, compounds were found not to affect the parasite, with IC₅₀ greater
169 than 100 or >200 μM (2A, 2B, 2D, 2E, 2F, 2G, 2H, 2I, 2J, 2L, 2M, 2N, 2O, 2P, 2Q, 2R, 2S,
170 2T), including compounds previously reported to be active against *T. brucei* (2F, 2N, 2Q, 2R,
171 2W, 2X, 2Y) and *Leishmania mexicana* (2A, 2D, 2I, 2J, 2K, 2N, 2Q, 2R, 2S, 2T, 2V, 2W,
172 2X). In our study, the best results were obtained for compounds 2X, 2Y and 2K with IC₅₀s of
173 3,416, 12,35 and 14,82, respectively. The initial two replicates for compound 2X (designated
174 as 2Xa in Table 1) had an IC₅₀ of 3,416. For a yet undetermined reason, subsequent replicates
175 of this compound displayed IC₅₀s of 25,48 (2Xb in Table 1).

176

177

178

179 **Table 1.** IC₅₀ and CC₅₀ values of bispirazoles and BNZ against mammalian cells and *T. cruzi*.

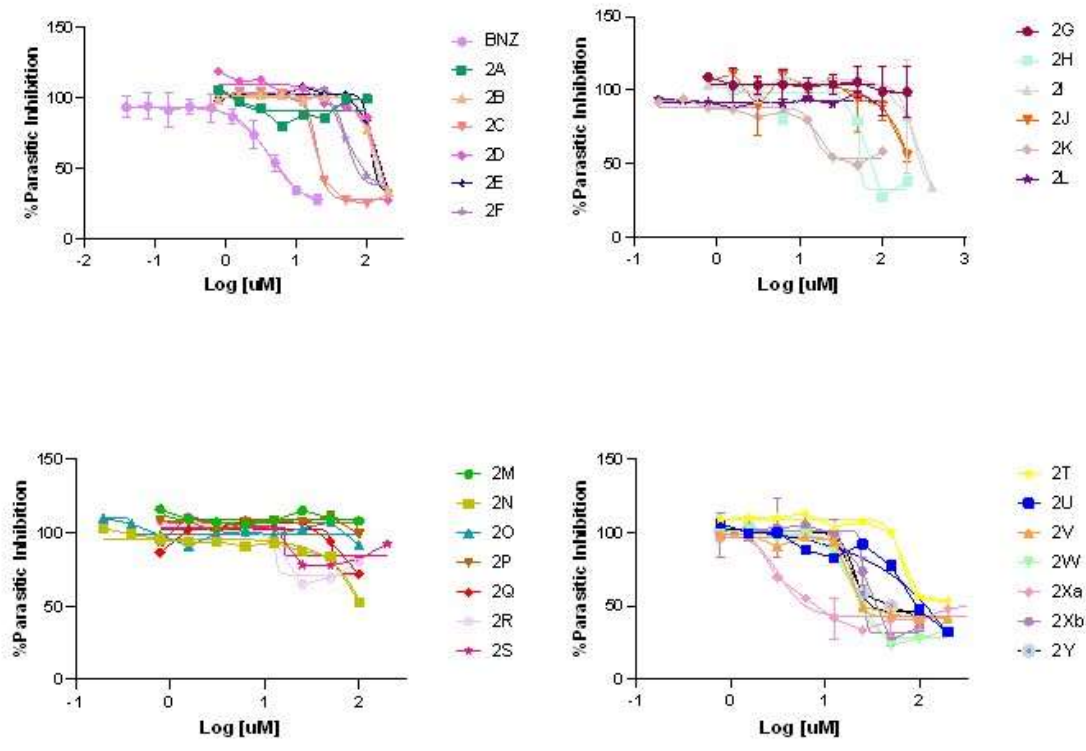
Compound ^a	IC ₅₀ against <i>T. cruzi</i> (± SD) 72h ^b	CC ₅₀ against mammalian cells 72h ^c	Selectivity index ^d
BNZ	4,23 ± 3,50	>100	>23,64
2A ^o	>200	N.D.	N.D.
2B	>100	N.D.	N.D.
2C	17,92 ± 9,72	>100	N.D.
2D ^o	>100	N.D.	N.D.
2E	>200	N.D.	N.D.
2F *	51 ± 4,17	N.D.	N.D.
2G	>200	N.D.	N.D.
2H	57,47 ± 4,26	N.D.	N.D.
2I ^o	>100	N.D.	N.D.
2J ^o	54,22 ± 3,59	N.D.	N.D.
2K ^o	14,82 ± 4,86	>100	N.D.
2L	>200	N.D.	N.D.
2M	>100	N.D.	N.D.
2N ^{o*}	>100	N.D.	N.D.
2O	>200	N.D.	N.D.
2P	>200	N.D.	N.D.
2Q ^{o*}	>200	N.D.	N.D.
2R ^{o*}	>200	N.D.	N.D.
2S	>200	N.D.	N.D.
2T	54,22 ± 3,59	N.D.	N.D.
2U	63,51 ± 7,82	N.D.	N.D.
2V	18,44 ± 3,12	>200	>10,85
2W ^{o*}	20,16 ± 4,47	>200	>9,92
2Xa ^{o*}	3,294 ± 8,15	>100	>29,27
2Xb ^{o*}	25,48 ± 5,13	>100	>3,92
2Y ^{o*}	12,54 ± 1,63	>100	>7,97

180 ^a Compound showed activity in previous studies against *L. mexicana* ^o and/or *T. brucei* *; ^b IC₅₀
 181 against *T. cruzi*; ^cCC₅₀ against mammalian cells; ^d selectivity index = CC₅₀/IC₅₀. N.D. = Not done

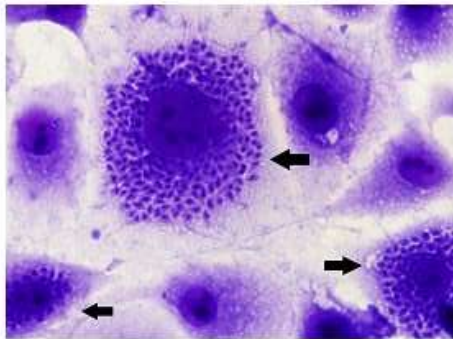
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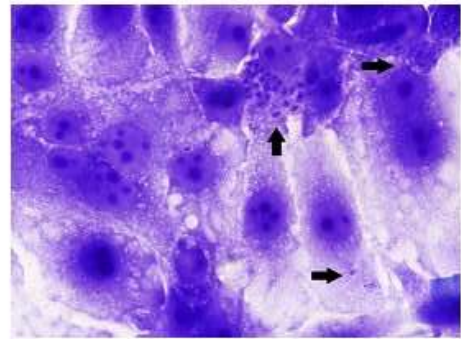
(a)



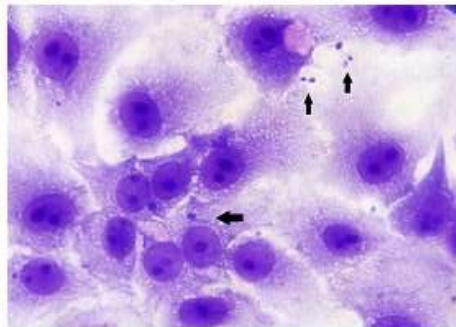
(b)
Control



BNZ



2X

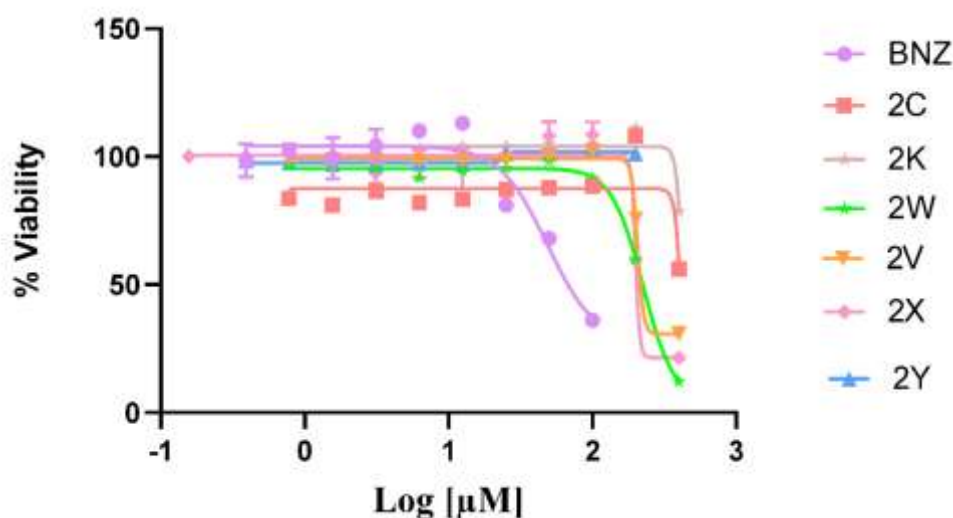


185 **Figure 1.** Activity of studied compounds against *T. cruzi*. (a) Curves for activity of each
186 studied bispirazole against intracellular amastigotes of Tulahuen β -gal strain of *T. cruzi*.LL-
187 MK2 cells were infected for 24 hours with trypomastigotes from *T. cruzi* Tulahuen β -gal
188 strain (MOI 2) and were exposed to each of the 27 compounds in a ten two-fold serial dilutions
189 (400-0,78125 μ M concentration range). BNZ was included as a reference drug (20-0,03936
190 μ M concentration range). After 72 hours of exposure to the compounds, antiparasitic activity
191 was evaluated via colorimetric measurement of β -galactosidase, as indication of amastigote
192 multiplication within infected cells. Curves corresponding compounds are displayed in
193 groups of seven, in alphabetical order, according to the compound designation. Averages and
194 standard deviations from three independent replicates are shown (b) Representative images
195 showing Giemsa-stained infected cells, with the concentration corresponding to the IC₅₀ of
196 each compound: 2X (IC₅₀=[25.5 μ M]), BNZ (IC₅₀=[4.2 μ M]) and vehicle control.
197

198 3.2. Cytotoxicity of studied bispirazoles against mammalian cells

199 Cytotoxicity was evaluated exclusively for compounds displaying IC₅₀s under 20
200 μ M against *T. cruzi*. The results of the cytotoxicity analysis are displayed in Table 1. BNZ
201 was used as a reference drug, and proved not to affect mammalian cells at the tested
202 concentrations.

203 Tested chemicals were not cytotoxic, with CC₅₀ against mammalian cells >100 μ M (Table
204 1).



205 **Figure 2.** Mammalian cell cytotoxicity of compounds active against *T. cruzi*. Only
206 compounds displaying activity against *T. cruzi* at concentrations < 25 μ M were analyzed.
207

208 LLC-MK2 cells were exposed to ten two-fold serial dilutions (400-0,78125 μ M
209 concentration range) of selected compounds. After 72 hours of exposure, cell viability was
210 evaluated with RNZ reduction. Percent viability is shown. BNZ as refence drug (20-
211 0,03936 μ M concentration range).
212

213

214 **4. Discussion**

215 Currently available drugs for CD treatment are scarce, not effective, toxic and must
216 be used over long periods of time. BNZ and NFX are nitroheterocyclic drugs used to treat
217 CD; however, these drugs have poorly understood pharmacokinetic (PK) and
218 pharmacodynamic (PD) properties. For this reason, they frequently cause serious side effects,
219 like neurological and digestive disorders, asthenia, dermatitis, arthralgias, granulocytopenia,
220 thrombocytopenia, and are mutagenic compounds [6].

221 BNZ is approved by the FDA for treatment of CD in pediatric patients (ages 2 to 12),
222 with cure rates 60-90% when administered in early stages of the disease. BNZ had
223 antiparasitic activity through the action of free radical intermediates and electrophilic
224 metabolites that eliminate macromolecules such as DNA, lipids and proteins [10].

225 NFX is effective during acute phase of the infection in children (from 0 to 18 years
226 old) or recently infected patients. NFX metabolism yields nitrile derivatives, which have
227 antiparasitic activity [20]. NFX, is 70% effective in curing CD during the acute phase and
228 20% in the chronic phase [19]

229 Bispirazoles are a group of organic compounds characterized by the presence of two
230 pyrazole rings connected by a spacer group. These compounds have diverse pharmacological
231 activities and potential applications in medicine. Bispirazoles exhibit a range of biological
232 properties, including antimicrobial, anti-inflammatory, anticancer, antiviral, insecticide,
233 antifungal, phytotoxic, antibiotic, antifungal, antitumor, hormonal and antiparasitic activities
234 [1]. Previously, a bispirazole panel was tested against *L. mexicana* and *T. brucei brucei*,
235 kinetoplastids closely related to *T. cruzi*. Several compounds displayed antiparasitic activity,
236 resulting in reduced the proliferation of these parasites *in vitro* [3].

237 Here, we have evaluated the *in vitro* anti-proliferative activity of the same twenty-
238 five bispirazoles against intracellular *T. cruzi* amastigotes of the Tulahuen β -gal strain. BNZ
239 was used as a positive control, and it displayed an IC_{50} of 4,23 μ M and an CC_{50} >100 in our
240 assays. Bispirazole 2X displayed potent activity against intracellular *T. cruzi* amastigotes
241 (IC_{50} = 3,416 μ M) and a low cytotoxicity against mammalian cells (CC_{50} >100) in our initial
242 assays. However, in later replicates, the antiparasitic activity of this organic compound was
243 much less intense (IC_{50} of 25,48 μ M). The causes for this change in activity remains unclear;
244 however, they could include compound deterioration during storage or variations in host cell
245 permeability when mammalian cells batches were renewed in the assays. Further studies with
246 newly synthesized batches of compound 2X are warranted. Previously, compound 2X
247 displayed an IC_{50} of 7 μ M against *L. mexicana* and an IC_{50} of 1,9 μ M against *T. brucei* [3].

248 Previously, the same 25 bispirazoles were studied against *L. mexicana* and *T. brucei*.
249 Thirteen of them (2A, 2D, 2I, 2J, 2K, 2N, 2Q, 2R, 2S, 2T, 2V, 2W, 2X) showed activity
250 against *L. mexicana*, with IC_{50} s ranging from 3 to 13 μ M. Additionally, seven bispirazoles
251 (2F, 2Q, 2R, 2W, 2X, 2Y), were reported to inhibit growth in *T. brucei*, with IC_{50} values
252 ranging from 0,9 to 10 μ M [3]. In our study, three bispirazoles presented antiparasitic activity
253 against *T. cruzi* (2K, 2X, 2Y), with IC_{50} values ranging from 3 to 15 μ M. Interestingly,
254 compound 2X has shown effect against these three kinetoplastid parasites.

255 The 25 studied bispirazoles have a pirazol ring in common, which has been a key
256 structure in different drugs with clinical use [3]. Regarding the compounds active against *T.*
257 *cruzi*, some particular characteristics are: 2K, and 2X are electron receptors, while 2Y has a
258 hydroxyl group. Additionally, 2X has a trifluoromethyl group [3].

259 Based on our results, further studies to clarify the causes driving the variation in the
260 IC_{50} value of compound 2X in our assays. After testing the efficiency of compound 2X, future
261 studies should include cidal testing, testing against other *T. cruzi* strains, testing in
262 combination with BNZ to gain insights into mode of action, testing of compounds with
263 related structures to determinate which might be even more selectively toxic to *T. cruzi*.

264 CD is a disease that generates great concern in health systems due to the complications
265 it causes and the reduced existing treatments; therefore, the search for new compounds that

266 are effective against *T. cruzi* and that do not generate side effects or harmful effects against
267 host cells is of great importance.

268 **5. Conclusions**

269 We have identified one chemical organic compound (2X), which is potentially
270 selectively toxic against intracellular *T. cruzi* amastigotes *in vitro*. In previous studies, this
271 compound also displayed activity against other kinetoplastids. In our assays, compound 2X
272 presented an IC₅₀ value comparable with BNZ, the drug of choice for CD treatment. When
273 tested side by side, compound 2X displayed an IC₅₀ lower than other compounds previously
274 reported as active against *T. cruzi* in the literature [26]. Confirmation of the activity of
275 compound 2X and further testing is warranted, including cidal testing, evaluation of
276 structurally related compounds and activity against different *T. cruzi* strains.

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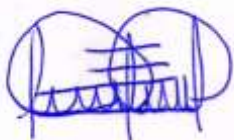
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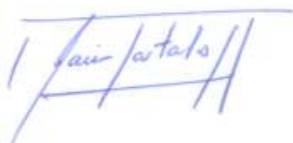
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